Burn Spray

INGREDIENTS

- *2 oz. aloe vera liquid*
- *2 oz. lavender tea, infused in distilled water, lavender hydrosol or plain distilled water*
- *20 drops lavender essential oil*
- *15 drops tea tree*

DIRECTIONS

Mix all ingredients together and pour into a 4 oz. spray bottle. Keep refrigerated, this not only prolongs the shelf life but adds extra healing for burns and cooling. Spray as often as necessary until pain subsides.

This spray is my go-to for everything. It works amazingly on burns, instantly soothing the pain. We use this for a wound wash, all- purpose owie spray, after sun spritzer, works great on sunburns and for cooling the body down on hot days.

