Blood Purifying Blend

In addition to making choices to avoid toxins and chemicals there are several herbs that can aid the body in cleaning out toxins through the blood, where they tend to build up. I have used this blend for family and friends for a variety of reasons including; tumors, chemo treatments, adverse medication reactions, poison ivy, and cell phone radiation reactions to name a few.

INGREDIENTS

- *5 parts red clover*
- *2 parts red raspberry leaf*
- *2 parts alfalfa (replace with nettle leaf if you are on blood thinner medication)*

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DOSAGE

Typical dosage is 2 droppers for tincture, 2 capsules or 3 cups of tea, 3 times a day until symptoms subside and/or you start to feel better. You may need more or less than this, let the spirit guide for the individual.

