Foraged Antibiotic Formula

This is a powerful herbal antibiotic formula from Darcy Williamson in Healing Plants of the Rocky Mountains. All these herbs are found all over the Rocky Mountain area as foraging plants.



INGREDIENTS

- *4 parts arrowleaf balsamroot*
- *2 parts lomatium*
- *2 parts gumweed*
- *1 part red clover*

Darcy suggests taking in small frequent doses several times throughout the day.