Bug Spray & Repellents



BUG SPRAY

Add the following ingredients into a 2 oz spray bottle. Shake before each use.

- *1 oz witch hazel or Vodka, infuse it with catnip or bug repelling herbs below for extra protection.*
- *1 oz avocado oil or other light oil*
- *35 drops citronella essential oil*
- *20 drops peppermint essential oil*
- *5 drops lemon essential oil*
- *5 drops lemongrass essential oil*
- *5 drops cedarwood essential oil*

BUG REPELLING ESSENTIAL OILS

- *Basil*
- *Bergamot*
- *Cedarwood*
- *Citronella*
- *Clove*
- *Eucalyptus*
- *Geranium*
- *Lavender*
- *Lemon*
- *Lemongrass*
- *Tea tree*
- *Palo santo*
- *Patchouli*
- *Peppermint*
- *Rosemary*

In addition to a spray you can apply a few drops to some ribbons and hang them around the area you want to keep clear of insects. Apply them straight to your clothing, behind your ears, knees and the joint of your arm. Place a few drops on cotton balls and place under beds, in drawers, closets, or other areas that creepy crawlies like to hang out.