Herbal Lemonade

A delicious way to take your herbs!

INSTRUCTIONS

- 2 cups herbal tea (¼ cup lavender blossoms to 2 cups water)
- 2 cups water
- ½ cup fresh squeezed lemon juice
- ½ cup raw honey

DIRECTIONS

1. Pour herbal tea into a pitcher, add lemon juice.
2. Dissolve honey into the water and add to tea and lemon blend, mix well.
3. Garnish with herb and lemon slices.

