Cold Sore Balm

At the first sign of that tingling feeling around the lips and mouth, start applying this lip balm. You can also use this as a great lip moisturizering lip balm.



INGREDIENTS

1 Tbsp cocoa butter (or 4 wafers)
2 Tbsp lemon balm infused coconut oil
1 Tbsp beeswax
7 drops Melaleuca alternifolia (tea tree) essential oil
10 drops lemon essential oil
3 drops eucalyptus essential oil
6 drops melissa essential oil (optional since it is so expensive)

DIRECTIONS

1. *Make an herbal oil using lemon balm and coconut oil.*
2. *Melt the lemon balm oil, beeswax, and cocoa butter over very low heat.*
3. *Remove and add the essential oils, stir well, and pour into lip balm tubes or containers and let them sit until hardened.*
4. *Cap and label.*
5. *Apply liberally when dealing with a cold sore or use as a daily lip balm.*

At the first sign of that tingling feeling around the lips and mouth, start applying this lip balm. You can also use this as a great lip moisturizer and I enjoy using it as a daily lip balm.

