Respiratory Salve

TThis salve is formulated to support, strengthen, cleanse and heal the lungs, making it useful for treating mucus coughs, chest congestion, croup, bronchitis, pneumonia, whooping cough, and other lung related conditions, including asthma.

HERBS



3 parts yarrow
2 parts oregano
2 parts comfrey
1 part sage
1 part lobelia

DIRECTIONS

Make an herbal oil with the herbs.
For each cup of herbal infused oil, melt with 1 oz of beeswax in a pan over very low heat.
Remove from heat and add the following essential oils:

10 drops eucalyptus essential oil
10 drops oregano essential oil
10 drops blue spruce essential oil
10 drops peppermint essential oil
or 30 drops of a respiratory blend of your choice

Pour into containers to harden and cool. Cap and label.

