Gum & Tooth Powder

This tooth powder is a modified version of Dr. Christopher's Herbal Tooth and Gum Powder. It can be used to brush your teeth in place of toothpaste (get brush wet and sprinkle powder over the brush or dip into container), to strengthen gums, tighten loose teeth, to stop cavity formation and rebuild enamel.

TOOTH POWDER

Use powdered herbs:
6 parts comfrey
3 parts oak bark
3 parts horsetail
3 parts peppermint
2 parts slippery elm
1 part lobelia
1 part cloves
¼ part stevia



GUM POWDER

Use this powder for pain in the mouth. Can be mixed with a little water to form a paste then roll in gauze or pack directly over gum or tooth causing the pain.

Equal Parts of powder herb:
Comfrey
Plantain
White Oak Bark