Natural Hand Sanitizer



INGREDIENTS

- 2 oz spray bottle
- 1.5 oz distilled water or aloe vera liquid
- .5 oz witch hazel
- 10 drops Four Thieves essential oil blend or disinfectant blend of your choice

DIRECTIONS

Add liquid and essential oil to the bottle. Swish between hands or shake to incorporate. Spray on hands and rub together. Can also be used on surfaces and for cleaning.

FOUR THIEVES ESSENTIAL OIL BLEND

40 drops clove essential oil
35 drops lemon essential oil
20 drops cinnamon bark essential oil
15 drops eucalyptus essential oil
10 drops rosemary essential oil

