First Aid Powder

Not only does this powder staunch bleeding but it also prevents infection and pulls the tissue back together. I have used this for deep cuts from glass, cut fingers with a knife, and teeth through the lip to name a few of more incidents than I care to count. For major bleeding I just continue adding the powder, layer upon layer and then cover with a bandage. As the wound heals the body actually pushes the powder up and out naturally. I have really seen some pretty awesome things happen with this powder!



HERBS

1 part yarrow
1 part comfrey
1 part plantain

DIRECTIONS

1. *Powder herbs and mix well.*
2. *Store powder in a spice jar for easy sprinkling.*
3. *Use to staunch bleeding by sprinkling right over cut or wound.*
4. *Rinse the powder off with warm water once the bleeding has stopped (or apply a bandage right over the powder), pat dry and apply a wound salve such as comfrey salve, Bone & Tissue Builder or Healing Salve.*



